

# Dentistry at Wyntre Brooke

www.jstooth.com

717-747-0115

## CEREC Rocks!

**It** has been a little over a year now that we added the Cerec Cad Cam system to our practice. This is undoubtedly the most significant investment we have made in patient care. If you are not familiar with Cerec it is the chairside design and production of single crowns, inlays, and onlays out of beautiful ceramic materials all in one visit. For more detailed information visit our website at [www.jstooth.com](http://www.jstooth.com) and look up the Cerec link. Some of the responses from patients have been:

"Incredible!"

"This was much easier than the old way."

"It feels just like my tooth did!"

"It's great not having to come back for the second visit"

Although Cerec restorations cannot be used for every instance, our ability to design restorations continues to grow. Melanie and I have both completed more advanced Cerec training and continue to be impressed with the quality and fit of the restorations. These all ceramic restorations can be used for crowns, and also for more conservative restorations, such as inlays and onlays, which allow us to preserve more natural tooth structure. Like any computer, there is a tremendous amount of information that lurks below the surface, and we continue to grow with the system. For now the use of Cerec restorations for most posterior teeth provides strength, beauty, exceptional fit and all in one visit, with no impression.

## Thank You!!

**On** May 4 2006, my mother passed away with peace and a joy in knowing all was well and looking forward to being reunited with her family. It is difficult to lose your last parent, there is a sense of loneliness that is hard to describe. There is no one to ask where that old plate came from. She enjoyed a long life, with a strong sense of purpose and the will to leave lessons of life to her children, grandchildren and great grandchildren.

**Ok, Ok!** I'm going to sneak this one in on the front page for all of you people that just turn the newsletter over and go straight to the recipe! This is one of my all time favorites, good for any time of year, if you don't mind tending the grill!

## Orange and Ginger Glazed Pork Roast

### Dry Marinade

2 tbs dried or fresh Thyme    1 tbs dried sage  
2 tsp salt    1 tsp black pepper  
1/4 tsp allspice    2 cloves minced garlic

3 1/2—4 lb boneless pork loin, tied for roasting  
2 tbs olive oil

### Glaze

1/2 cup orange marmalade    1/3 cup Dijon mustard  
1 tbs grated ginger    1 tbs Worcestershire sauce  
1/4 salt    1/2 tsp pepper

Rub pork with olive oil and then the mixed dry rub, let stand for at least 1 hour. In a small bowl mix the glaze ingredients and set aside. Prepare a fire for indirect heat and place the pork on a rack 4-6 " from the fire. (I use a rotisserie on a gas grill, I know I'm not a purist!) Cook for 45 minutes, then begin to place the marmalade mixture every 10 minutes until done (160 degrees F) Remove from the grill cover a let rest for 10 minutes, slice and enjoy!! I love it!!

I cannot begin to express my thanks to all of our wonderful patients for your most kind expressions of sympathy. Each day as I went through the many cards and notes I received it gave me great comfort to know so many people were thinking of us. So, thank you to all, and also for your understanding as we had to

rearrange your schedule for your dental care.

I truly am blessed to have the best patients in the world!

Shreve and Barb

and family

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## Welcome Nicolle!

**In** this issue we are proud to introduce to you two great new staff members. We all get used to being seen by the same people all of the time, but as we all know life has a different view on things.

**Nikki Weekly** comes to us with 14 years experience as a hygienist and brings with her a smiling countenance and great attention to detail. I have had the opportunity of working with Nikki before and know you will all feel very comfortable with her care.

Nikki lives in York with her husband Doug, and two children, Parker and Paige. Everyone is involved with sports and Nikki spends a lot of time on the bleachers!

Nikki is a graduate of Allegheny Community College and is vitally interested in continuing education in any discipline that will increase her effectiveness and skill in helping you.

Please take the time to meet and chat with Michele and Nikki when you are in the office, I am sure you will find them both to be dedicated and delightful.



A tip for all of you high school and college graduates, and the graduates of the school of hard knocks.

**“The secret formula for success is how well you handle plan B.”**

anonymous

## Our Team

J. S. Johnessee, DDS

Lisa Grothouse, CDPMA

Tammy Schott

Barbara Johnessee

Melanie Harrold, EFDA

Karen Fritz

Michele Lash, RDH

Nicolle Weekly, RDH

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## Welcome Michele!

**Many** of you may have already met **Michele Lash**, but let's take an opportunity to introduce you to her a little more. Michele comes to us with a wealth of experience and knowledge about dentistry and the role of the hygienist in treating and interpreting disease. Michele is a graduate of Harrisburg Area Community College with an associates degree in Hygiene and a Bachelor's degree from Penn State.

She has been a clinical instructor at HACC and is very involved in her community.

Michele lives in the Dover area with her husband, David, and their two children, Kalyn and Coulson. In her spare time (is there any?) she enjoys gardening, scrapbooking, and attending dog shows with their two Vizslas. I can also personally attest to the fact that Michele is a great cook!

You will find Michele vitally interested in your oral health, and will contribute whatever is necessary for you to obtain and maintain a healthy condition.



**Have a great summer!!!**

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