

j s johnessee, dds, pc *dentistry at wyntre brooke*

FALL 2010

IS ANYBODY LISTENING?

It is a known medical fact that discomfort in any part of the body that exists for six months or more, and causes the individual to lose the ability to perform certain tasks or changes in lifestyle will result in depression. At that point some will seek treatment, and some will self medicate, either by using “medications” or by withdrawal. So how long have you been hearing that the whole world’s economy is in the tank? How long is every month’s prediction worse than the one before? In June of this year a committee declared the recession to be over, yet the politicians, economists, and media continue to scare us, blame us, ignore us. Are you depressed yet? In the midst of all of this we are still here, we are surviving. The warning is don’t be depressed and don’t withdraw. I have recently been blessed to talk to a couple of people with terminal illnesses. Blessed? Yep! These individuals both expressed to me the joy they see in their lives, reminded me of the many pleasures we all enjoy. They both approached each day with a new energy, devoted to finding the good in the day. They probably don’t even listen to the news anymore! And you know what else? They both got their teeth cleaned, examined, and scheduled their next visit months away. Now that is energy and optimism that we can all learn from. To them both “Thank you for sharing your joy!” We wish you well in your journey, we wish we could be a little bit more like you. We still have so much to be thankful for, and sometimes those that appear to us to have the least to be thankful for, truly “get it”. Relax, enjoy, take care of yourself, stay healthy, stay involved, take care of those around you and listen to your heart not the TV.

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Notes and News


For the last three years it has been our honor to participate with York’s Helping Hands food run. This year we prepared 325 hot meals and bag lunches. York’s economy is not great right now and it is one of the ways we can help give back to our community. Thank you again to all of the generous patients and suppliers that helped make it happen!

Barb and I also participated in the Annual CDLS 5k in Atlanta to benefit the Foundation, and to honor our granddaughter, Maya. With the generosity of the “York Contingent” it was once again a success even though it snowed in Atlanta!

Insurance

You work hard and may be rewarded each year with a certain amount of dental insurance. Each year any unused insurance expires at the end of the year. Thousands of dollars are lost each year. Who knows how long insurance will be available for various reasons, loss of job, cutbacks, retirement. Make sure your oral care is up to date and you utilize your insurance benefits before the end of the year, each year.

Welcome Asher

 This summer Kelly and her husband, Brandon, had a baby boy! Asher is growing rapidly and bringing much joy to them both! We are excited to have Kelly back at work, but we do have to look at a lot

of baby pictures! That’s ok because he’s adorable!

Congratulations

As you are beginning to figure out it has been a very busy and celebratory summer for our office. In July Melanie Harrold became Mrs. Justin Ross! They were married in St. Lucia (don’t you guys know you’re supposed to go there when it is cold here). So congratulations to you both, and may you both enjoy a long and fruitful life together.

As for the rest of us, don’t worry, everyone is back to work and dedicated to continuing their expert care of you, and helping me!

Whew, are we done for awhile!?

WEBSITE It has taken quite awhile, and we are not quite done yet, but please visit our new website. New photos, new bios, new information and a new fresh look. Soon you will be able to register online if you would like, and even access your account. You will learn of the many different services we offer, and also visit the blog for fun to read and informative articles. Please let us know what you think.

Our Team

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FAQ (That's frequently asked questions, don't feel bad it took me about 10 years to figure that out!)

1. I know the CEREC machine can make crowns and onlays in an hour, can it also be used to restore a tooth that just needs a filling? Yes it can and it makes a very hard , durable, precise filling.
2. If I need a root canal do I have to go to a specialist? Rarely, we have been doing root canals for years, using the most modern techniques and usually completed in one visit.
3. If I am considering a smile makeover, is there a charge to evaluate my smile? No, we will provide all your options

and if it is the proper treatment at a no fee visit.

4. What if I need an implant? We restore virtually all implant systems. Either the oral surgeon or periodontist will place the implant and we do the rest. We do place mini implants in our office for denture support.
5. What can I do for sensitive teeth? Stop using any whitening toothpaste, watch acidic drinks (soda, juice, sports drinks) use a sonicare brush, or watch heavy handed brushing, use MI paste, or novamin paste(available in office), have decay restored.

Send questions to care@jstooth.com

Much happiness is overlooked because it doesn't cost anything.

anonymous